

**Saint Francis Fraternity**  
**Ongoing Formation**  
**January 2013**

**Scripture**

Romans 8: 14-17

14 For those who are led by the Spirit of God are children of God.

15 For you did not receive a spirit of slavery to fall back into fear, but you received a spirit of adoption, through which we cry, "Abba, Father!"

16 The Spirit itself bears witness with our spirit that we are children of God,

17 and if children, then heirs, heirs of God and joint heirs with Christ, if only we suffer with him so that we may also be glorified with him.

***Ritual of the Secular Franciscan Order***

- Pages 23 to 24

***Profession in the SFO: Gift and Commitment***

- Introduction (page 1)
- Part 6, "Profession and Eucharist" (page 7)

**For meditation and discussion**

- Fr. Cangelosi uses the phrase "*of* life and *for* life" to describe the Eucharistic nature of our profession. How has this idea been made manifest in your own profession experience?
- Which words from profession ritual reading specified above strikes the deepest chord in your heart? Why?