For those who are "called to follow Christ in the footsteps of Saint Francis of Assisi" (Article #1), particularly through the Secular Franciscan Order, the rule of life becomes the central focus and basic font for setting forth the evangelical goals of life, for unraveling the meaning of the gospel commitment, and for detailing the means to be evangelized and to evangelize others with the supportive context of life in fraternity.

For this reason, the rule needs to be read, understood, digested, and absorbed into the personal and communal existence of every Secular Franciscan.

~ Benet A. Fonck, OFM, Called to Follow Christ